

**University of Wisconsin – Stevens Point - Athletic Training Education Program**  
**School of Health, Exercise Science and Athletics**

**Course Title:** Athletic Training 401: Practicum VI      **Term:** Spring 2016  
**Instructor:** Beth Kinslow      **Contact information:** 346-2409  
**Time:** Wed 9:00 – 10:50am      **Classroom:** HEC 147

**Textbook:** *Athletic Training Exam Review: Guide to Success (4<sup>th</sup> Ed) Van Ost, Manfre, Lew*

**Suggested texts:** *Any that will help you review – please ask instructors for any texts you may need to help you study.*

**Course description and expectations:**

The practicum course has been designed to enrich the ATP experience through clinical education and hands-on learning. This practicum will have the following components:

- **Clinical rotations:** 2 – 8 week clinical rotations either on or off campus with a supervising CP as assigned by the clinical coordinator. Hours for clinical rotations are 15-20 hours per week for the 1<sup>st</sup> 8 weeks. During the 2<sup>nd</sup> 8 weeks, students are required to complete a minimum of 16 hours during their general medical rotation and an additional 10 hours in the athletic training facility per week.
  - Students are to record their clinical hours on ATP designated time sheets. The time sheets are to be signed weekly by the supervising ACI.
- **BOC and practical skill review:** We will be reviewing modalities and rehabilitation skills during this practicum. In addition, the main focus will be to continue to prepare for the BOC examination through the use of the Van Ost text and D2L quizzes.
- **LOTs:** There are two learning over time requirements: (1) therapeutic exercise and (2) one of your choosing from lower or upper evaluation or modalities
- **Practical examinations:** There will be two practical examinations during this course. The mid-term examination will focus on modalities and rehabilitation. The final practical exam will be cumulative of all proficiencies from the past six semesters.
- **CP Evaluations:** Students will also be evaluated by the supervising CP on performance during clinical rotation hours. Progress reports are done during the 1<sup>st</sup> 4 weeks of the clinical rotation to help students stay on track and give formative feedback. This is not part of the graded assessment. The formal assessment at the end of each 8-week rotation will be included as part of the grade for this course. See the grading procedure for this later in the syllabus.

A weekly class time will be used to discuss, practice and demonstrate assigned clinical proficiencies for this practicum course. During the clinical rotations, students shall perform athletic training skills relative to their experience and competence under the supervision of an assigned clinical instructor. Students are expected to complete the minimum number of hours associated with this practicum by the end of the semester.

The practical examinations will be utilized to evaluate skill competency. There will be a mid-term and final practical examination. The content will be modalities and therapeutic exercise for the mid-term practical. The final practical will include one question on the following topics: (1) emergency care; (2) prevention; (3) orthopedic evaluation; (4) treatment and rehabilitation; and (5) general medical skills. Students must attain at least an 80% on the practical examination in order to ‘pass’ the practical. If they do not attain an 80%, students will have to repeat the practical and achieve better than an 80%, but the initial score will be recorded as part of the final grade for the course. The purpose of a re-examination is to determine you are ready to enter the workforce as an independent and competent athletic trainer.

**Course objectives:**

- To fully understand the procedures of applying for and completing the BOC examination.
- To fully understand how to apply for licensure in WI or other states you intend to work in.
- Review and demonstrate the hands-on skills for therapeutic modalities and rehabilitation.
- Complete a comprehensive review of athletic training competencies for the BOC examination.
- To demonstrate clinical skill ability as a competent clinician in all hands-on skills required of an entry-level athletic trainer.

**ASSESSMENT AND GRADING PROCEDURES:**

The following components of the course will count towards a percentage of your grade:

Evaluation of Clinical Performance <sup>1</sup> :	30%
Practical examinations, quizzes, assignments, and proficiencies <sup>2</sup> :	70%

<sup>1</sup>(See Evaluation of Clinical Performance)

<sup>2</sup>(See Evaluation of Clinical Proficiency)

**STUDENT ASSESSMENT:**

**Evaluation of Clinical Performance (30% of grade):** Students performance in the clinical setting will be formally assessed by their ACI every 8 weeks (mid-term and final evaluation). Students also will have a 4-week informal evaluation to help with progress and give appropriate feedback on clinical skills and professional behavior. Students will meet with the ACI to discuss the 8-week evaluations.

Students must achieve an average score of >3.0/5.0 on their performance to stay in good academic standing for the ATEP. If the average score is below a 3.0 average, the student will meet with the clinical coordinator and program director. This can result in academic probation for the following semester.

- Scale:** 5(Excellent) – performs duties/skills extremely well, very professional  
 4(Above avg) – performs duties/skills better than average in a professional manner  
 3(Avg) – performs duties/skills as well as expected at this level, minimum ACI intervention  
 2(Below avg) – performs duties/skills at unsatisfactory level, constant intervention from ACI  
 1(Deficient) – needs remedial aid in this area prior to advancing clinical education  
 N(Not applicable) – ACI did not observe this duty/skill, or ATS has not acquired skill yet

The points earned from the ACI evaluation will be tallied and then averaged. This average will then be turned into a percentage grade. The format used for this will be:

5 = 100%	4 = 90%	3 = 80%	2 = 70%	1 = 60%
----------	---------	---------	---------	---------

For example, if the student receives a 3.8 average score on the evaluation, it will translate into an 88%. According to the letter grades, this would be B+ work. To receive an “A” for clinical performance, students will consistently have to perform above average (4) and attain some excellent (5) ratings to reflect this type of performance.

**Clinical hours:** Students are to complete a minimum of 170 hours of clinical experience (minimum 10 hrs/wk; includes 16 hr gen med rotation) of clinical time under supervision of your ACI. The grade you receive for your clinical hours is built in to the Evaluation of Clinical Performance which is completed by your ACI (see above). This evaluation includes professional traits like communication and responsibility as well as how well you performed clinically with previously learned skills. In addition, the ACI will assess your willingness to learn and work diligently at attaining new skills being developed during this practicum.

30% of the grade for this practicum course will be determined by your performance during clinical hours and the requirement to attain a minimum number of clinical hours. **IF** a student fails to complete the minimum number of hours assigned, the overall grade earned for the course will be dropped by one full letter grade.

**Clinical skill proficiency (70% of grade):** During this course, clinical skills will be evaluation utilizing proficiency packets, practical examinations, and learning over time sheets. To maintain consistency in assessment, each evaluation method will utilize the same 1-5 assessment scale as described below.

**Clinical Performance Evaluation:**

- 5 = Performance exceeds expectations at this level. Displayed independence and confidence in decision-making and problem solving. All hands-on skills were completed confidently and accurately. Professional communication (including verbal, written and listening skills) and effective patient education if applicable. Required absolutely no intervention of clinical instructor.
- 4 = Performance is above average at this level. Displayed independence and mostly confident in decision-making and problem solving. All hands-on skills were completed accurately and displayed confidence in skills; only lacking in 1-2 skills or areas. Professional communication (including verbal, written and listening skills); patient education was effective if applicable. Required only verbal prompting by clinical instructor resulting in correct answer/skills.
- 3 = Performance is average at this level. Student performed hands-on skills accurately, but lacked overall confidence; lacking in 3 or more skills or areas. Problem-solving and decision-making required verbal guidance of clinical instructor and/or minimal hands-on intervention necessary to perfect clinical skills. Communication skills (including verbal, written and listening skills) are professional but lack of confidence was evidence in 3 or more areas (i.e. eye contact, unsure of information); patient education lacked overall effectiveness due to lack of confidence or omission of 1-2 details.
- 2 = Shortcomings in performance at this level. More than ¼ of hands-on skills were not accurate resulting in an incorrect assessment or outcome. Student lacked confidence in skills that were performed correctly. Both verbal and hands-on guidance were necessary for decision-making or problem-solving. Communication skills were not effective during intervention due to omission of 3 or more details and/or lacked overall confidence (i.e. student did not talk to patient, did not explain intervention, no eye contact, no confidence). Maximum intervention and guidance needed for student to initiate problem-solving skills.
- 1 = Clinical skills are inadequate even with hands-on intervention and verbal guidance from the clinical instructor. More than ½ of hands-on skills were not accurate and lack of confidence displayed overall. Student does not have the clinical skills or knowledge for independent problem-solving.

**Practical Examinations:** Students will be tested on skill competency through practical examinations with the instructor. Each practical examination will be worth a certain amount of points. The points and criteria will be shared with the students prior to the examination. Assessment criteria will be consistent with the criteria used to evaluate proficiencies. If students are receiving 3 (average) ratings on their proficiency packets, they can expect to only get a 3 on the practical examination. This score will only guarantee an 80% on a practical score. **IF** students do not attain an 80% or higher on a practical examination, it must be repeated to ensure proficiency in skill acquisition for this course. However, the initial score will be recorded as part of the final grade.

5 = 100%	4 = 90%	3 = 80%	2 = 70%	1 = 60%
----------	---------	---------	---------	---------

For example, if the student receives a 3.8 average score on the practical examination, it will translate into an 88%. According to the letter grades, this would be B+ work. To receive an “A” for clinical performance, students will consistently have to perform above average (4) and attain some excellent (5) ratings to reflect this type of performance.

**LOTs (Learning Over Time Sheets):** Students must complete one LOTs for this course

**Additional quizzes or assignments:** There will be quizzes to help with review for the BOC examination. See the class schedule for quiz topics and deadlines. There is the option to take each quiz twice; however, students must achieve a minimum of 65% on the 1<sup>st</sup> attempt to be able to have the opportunity to get a better grade. The quizzes will also count toward the 70% of your grade for this course.

**GRADING SCALE:**

Final grades will be awarded as follows:

<b>A:</b> 94-100%	<b>C:</b> 73-76%	<b>D:</b> 60-64%
<b>A-:</b> 90-93%	<b>C-:</b> 70-72%	<b>F:</b> 59% or below
<b>B+:</b> 87-89%	<b>D+:</b> 65-69%	

### Tentative Course Schedule

<b>Date</b>	<b>Topic</b>	<b>D2L Quiz Due</b>	<b>Assignment/Quiz Due</b>
1/25	Intro & Handbook		
2/1	Healing	Quiz 1	Van Ost: p.54 – 65
2/8	Modalities	Quiz 2	Van Ost: p.55 – 75
2/15	Rehab	Quiz 3	Van Ost p. 108-111 Van Ost: p. 111 – 115 Van Ost: p. 115 – 117
2/22	Nutrition	Quiz 4	Van Ost: p. 94-98 Van Ost: p. 105-108
3/1	O&A	Quiz 5	Van Ost: p. 75-86 Van Ost: p. 98 – 105
3/8	BOC Practice Test	Quiz 6	Van Ost: p. 86-94
3/15	Student Choice		
3/22	SPRING BREAK		
3/29	TEST PERIOD		
4/5	FMS		
4/12	SFMA		
4/19	Motor Control		
4/26	TBD		
5/3	Kinetic Chain		
5/10	Real Life		
5/16	FINAL EXAM BLOCK 2:45-4:45		